

Colpermin[®] Prescribing information

Presentation: A light blue/dark blue enteric-coated capsule with a blue band between cap and body. Each capsule contains 187 mg peppermint oil B.P.

Uses: For the treatment of symptoms of discomfort and of abdominal colic and distension experienced by patients with irritable bowel syndrome.

Dosage and Administration: *Adults:* 1-2 capsules three times a day, 30 minutes to one hour before food, and taken with a small quantity of water. The capsules should not be taken immediately after food. The capsules should be taken until symptoms resolve, usually within one or two weeks. At times when symptoms are more persistent, the capsules can be continued for longer periods of between 2 to 3 months. *Children:* There is no experience in the use of capsules in children under the age of 15 years.

Contraindications, warnings, etc. Precautions: The capsules should not be broken or chewed because this would release the peppermint oil prematurely, possibly causing local irritation of the mouth and oesophagus. Patients who already suffer from heartburn sometimes experience an exacerbation of these symptoms when taking the capsule. Treatment should be discontinued in these patients. Do not take indigestion remedies at the same time of day as this treatment. *Adverse effects:* Heartburn: sensitivity reactions to menthol, which are rare and include erythematous skin rash, headache, bradycardia, muscle tremor and ataxia. *Pharmaceutical Precautions:* Store in a cool place. Avoid direct sunlight.

References:

1. Rees WDW et al., Br. Med. J. 2:835-836, 1979
2. Dew MJ, Evans BK and Rhodes J, Br. J. Clin. Pract. 18, No. 11/12: 45-48, Dec. 1984
3. Schneider MME, and Otten MM., Gastroenterology May 1990
4. Harries N et al., Br. J. Clin. Pharmacol., 2:171-177, 1978
5. Somerville K.W. et al., Br. J. Clin. Pharmac. 18, 638-640, 1984
6. Weiss W., and Koelbl Ch., Therapiewoche Österreich, 3, 194-199, Heft 2, Feb. 1988.



Tillotts Pharma AG
Hauptstrasse 27
CH-4417 Ziefen/Switzerland